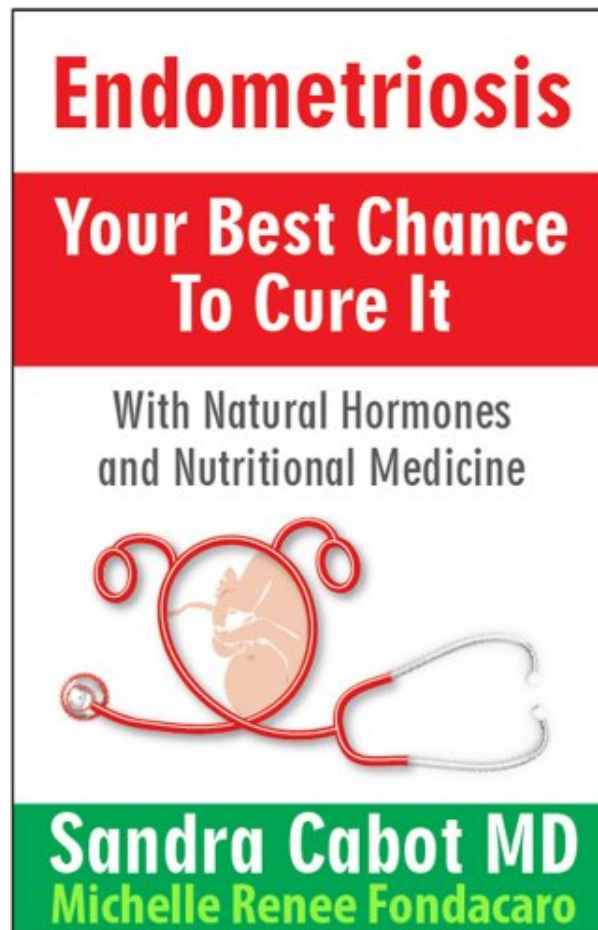


ENDOMETRIOSIS YOUR BEST CHANCE TO CURE IT BY SANDRA CABOT



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Endometriosis

Your Best Chance To Cure It

With Natural Hormones
and Nutritional Medicine



Sandra Cabot MD
Michelle Renee Fondacaro

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This book explains in simple terms everything you need to know about endometriosis and outlines the steps that need to be taken to cure it long term.

Many women think there is no hope of really curing this serious disease or falling pregnant once diagnosed with this condition.

With the information in this book, which you can implement in your own life, there is an excellent chance, not only of a positive outcome, but a complete cure.

Endometriosis is like a weed - it tends to grow back or recur. Holistic medicine aims to cure this disease and therefore it is recommended that it is used with other treatments.

The information in this book will reduce the need for repetitive laparoscopies, which increase the risk of scar tissue building up in the pelvis and abdomen. Scar tissue can be permanent and increases the risk of infertility, bowel obstructions, constipation and ongoing chronic abdominal or pelvic pain.

Surgery and drugs can remove endometrial implants and cysts but they only treat the end results of the disease; they do nothing to treat the cause or prevent recurrences.

If your immune system is weak and/or your hormones are out of balance, the endometriosis will most likely recur, just like the weeds in your garden; they demand constant vigilance.

The good news is that natural progesterone therapy can often alleviate the symptoms and shrink endometriosis in women of all ages.

But natural progesterone is one of medicine's best kept secrets!

Learn how to use it in this book!

Case history of a young teenager with endometriosis

Charlotte was only 14 years of age when she began to have very heavy and painful periods. She was missing a lot of school and her mother was worried about the amount of pain killers Charlotte required to control her period pain.

2 months after starting Dr Cabot's program, Charlotte's period pains had reduced by over 80% and she was able to cope easily with her menstrual bleeding. Yes, this simple program really works and is wonderful for young women who are too young to take strong hormonal drugs or the contraceptive pill.

Case history of a 35 year old woman with endometriosis

Matilde was a delightful 35 year old woman who had been trying to have a baby for 5 years. In her twenties she had been diagnosed with endometriosis. Her menstrual bleeding was heavy and painful and lasted for 7 days. Matilde had tried IVF on 3 occasions and 2 of these attempts had resulted in early miscarriage and the last attempt had failed to produce a pregnancy. Matilde desired two things – to have a healthy baby naturally and to be rid of her endometriosis.

After considerable tests it became obvious that this woman needed a program to reduce the autoimmune inflammation that was wreaking havoc in her gut and her reproductive tract.

Nine months later Matilde came to see me for a pregnancy test – guess what? - It was positive! She was so excited and so was her sister, as she also not surprisingly had fertility problems. Matilde had a healthy full term pregnancy resulting in a beautiful baby boy.

Case history of Claire

Claire was a 24 year old woman who had been experiencing severe period pains for 6 years and had been diagnosed with endometriosis growing on her ovaries and in the pouch of Douglas behind her uterus. She

had already had two laparoscopic surgeries to remove the endometrial deposits but the relief on each occasion had lasted less than a year.

When I first saw Claire it was obvious to me that she had hormonal issues that needed to be addressed if we were going to get this problem under control. I explained to Claire that good health begins in the digestive tract and we had to work on cleaning up her intestines and large bowel.

After 12 months of my program Claire was cured of her endometriosis and no longer had to take any pain killers or anti-inflammatory drugs. Her cycle was regular and her period pains were quite bearable. She absolutely loved the natural progesterone, as it had made her moods much better

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Most helpful customer reviews

2 of 2 people found the following review helpful.

HIGHLY Recommending

By Bea

Thank You Dr Sandra Cobot for this wonderful addition to your work.

I have recently found out that I am suffering from endometriosis and I was hoping that you had written a book on the subject.

You are amazing; your liver cleansing diet changed my life.

I agree with you, endometriosis is like a weed; continually growing back time after time.

Western medicine only removes or treats the end results of the disease, however, they do nothing to treat the cause or prevent recurrences.

I am amazed that people are still living in the old paradigm that neglects nutrition.

We are what we consume, food and emotions. The end result of negative ingestion usually results in disease.

If you are currently suffering this disease, I also recommend that you invest in Dr Christine Northrup's book Women's Bodies, Women's Wisdom. Dr Northrup has plenty to add on this subject. Even if you are not, buy the book anyway; it is a must for all women.

You always bring insight, awareness and clear direction for greater health.

Thank you again for assisting women who are currently in the midst of this life experience.

1 of 1 people found the following review helpful.

Dr. Cabot Knows Her Medicine!

By LoveAndRantDotCom

Thank goodness for doctors who understand the holistic aspect of medicine! And have experience using holistic approaches, when allopathic approaches aren't appropriate, with hundreds and thousands of clients. It's disappointing that "holistic medicine" and "western medicine" aren't more integrated with each other. They both have their own role and purpose; it would be incredible if fans of both "sides" recognized that. In response to the two reviewers who quoted "western medicine" websites, who clearly didn't even read this

book, and who clearly missed the parts of the books where she discusses holistic approaches only working in the early stages of endometriosis, and who clearly have never known anyone who has reversed their endometriosis naturally... tell me why Dr. C is selling the information in this book so incredibly cheaply and not trying to sell us anything in her book. Better yet, let me do it for you: her only agenda is better health for all. And readers of her books who have put into practice the methods she's used to help so many people heal are at an incredible benefit, thanks to her. Her healing the liver book is also absolutely incredible (juicing regularly is a key aspect). My main point here, to other possible buyers of this book, is to please not let the skeptics who blindly reviewed this book (and who have not enough experience with actual holistic medicine to understand its impact) sway you. Especially when the book is 99 cents. It won't be money wasted. And this is coming from someone who grew up in a holistic household, is an herbalist (with a two year degree, with honors), and "believes in science." Holistic and allopathic/western medicine both have their places. Why cut out your uterus when we can make lifestyle changes that reverse the endometriosis? OF COURSE allopathic medicine doesn't tell us there are holistic remedies, that's not its area of expertise! Fortunately, it is Dr. Calbot's.

1 of 6 people found the following review helpful.

Snake oil pushers preying on desperate patients.

By J. A. Fernandez

Best case scenario, Dr. Cabot is ill-informed but has good intentions. Worst case, she's pandering to women who have been through hell and back, and she's decided to capitalize on them. Either way, Dr. Cabot, 'Endometriosis your best chance to cure it' is misleading and outright wrong. Please dedicate time to researching this serious issue before churning out a book filled with dubious information.

From Endometriosis.org: "There is no known cure for endometriosis."

From nichd.nih.gov/health/topics/Endometriosis.cfm: "There is currently no cure for endometriosis."

From aarp.org/health/conditions-treatments/info-05-2011/4-surgeries-to-avoid.4.html: "Each year approximately 600,000 American women have hysterectomies, or removal of the uterus, and studies show that the vast majority are unnecessary.

Complications are common. Women who undergo a hysterectomy have a 60 percent increased risk of incontinence by age 60, a University of California, San Francisco study found. A hysterectomy that includes removal of the ovaries -- an oophorectomy -- throws the patient into instant menopause. These patients also face a higher risk of heart disease and lung cancer, says William Parker, M.D., author of A Gynecologist's Second Opinion and lead investigator of a 2009 study on the long-term health consequences of hysterectomy.

Alternatives to managing the disease are out there. Unfortunately, at this time, a cure is not." says Parker.

See all 4 customer reviews...

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